

Kids Can Choose Clean Air

There are things you do only in the winter to stay healthy. Some you do

for yourself.

Other

things

someone has

to do for

you.



It's like that for the air too.

How IS the Air Doing?



Most days the answer is

DUH - look out the window.

Some days, it's more like

HMM - not so easy to tell.

We always know because we

test the air all the time.

We put the answer on a website at

www.CleanAir.utah.gov

You have to click on "Today's Air

Quality" and look for the colors

and numbers. That part looks hard,

but it's really easy when you know the secret

kid code:

Good Yucky Really Yucky

Now you can't make it snow, but you can make choices to help the air.

All it will take is 10 points each day.



Earn 10 points - Leave the Car Home

Let Mom leave the car parked **ALL DAY**.

Who needs it? Isn't it more fun to leave

wiggles from your walk when

you boogie in

your boots

then slosh on

your sled with

your very best

friend?



Earn 10 points by Catching a Ride

(When Mom or Dad take you

- or say it's okay to go with

someone they know)

Some great ideas:

4 Get on the bus

4 Take TRAX

4 Catch a ride with a friend



Earn 5 points - Use Those Muscles!

Show grandpa you are as

strong as he was when he was

kid. Use the same kind of

snow shovel he did - it doesn't

make ANY pollution!



Earn 3 points for:

Staying In When It's Cold

(and **Yucky** or **Really Yucky**)

If it's really cold outside and

the air looks like the water

after you've given your dog a

bath, then going out and

racing your go-cart is not a

good idea.



And it's really not a good

idea to beg your parents

to make a big fire in the

fireplace so you can roast

marshmallows. (Trust me.

You don't want to see how

gross the air gets when a bunch of people do

THAT on a yucky air day.)



A **good idea** is

put on a warm

sweater, drop

those

marshmallows in a nice hot

cup of cocoa, then find a

place to read a great book.



PS- If Mom and Dad want to know what **THEY**

can do, show them www.cleanair.utah.gov

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(When Mom or Dad take you - or say it's okay to go with someone they know)

Some great ideas:

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Earn 3 points for:

Staying In When It's Cold (and Yucky or Really Yucky)

If it's really cold outside and the air looks like the water after you've given your dog a bath, then going out and racing your go-cart is not a good idea.



And it's really not a good idea to beg your parents to make a big fire in the fireplace so you can roast marshmallows. (Trust me. You don't want to see how gross the air gets when a bunch of people do THAT on a yucky air day.)



A good idea is put on a warm sweater, drop those



marshmallows in a nice hot cup of cocoa, then find a place to read a great book.

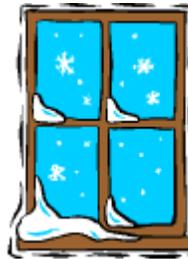


PS- If Mom and Dad want to know what THEY can do, show them www.cleanair.utah.gov

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